



SURFING

THE INDEPENDENT ABILITY MEASURE

EXPLORER NEW PARTICIPANT	LEARNER PROGRESSING BEGINNER	APPRENTICE ADVANCED BEGINNER	INTERMEDIATE PRACTICED PARTICIPANT	INDEPENDENT PROFICIENT PARTICIPANT	SKILLED ABLE PERFORMER	EXPERT CREATIVELY COMPETENT	PRO NATIONAL COMPETITOR	ELITE INTERNATIONAL PROFESSIONAL	ICON ULTIMATE EXPLORER
<p>WHITE This SURFER can</p> <p>...have fun in a safe ocean environment under fully qualified supervision.</p> <p>Where physically able this surfer may have stood up on their board with or without assistance.</p> <p>Their success lies in their willingness to try new things.</p> <p>By having fun and digging deep they can achieve the incredible.</p> <p>This Explorer is a budding 'Icon'.</p>	<p>YELLOW This SURFER can</p> <p>...surf in a fully supervised environment, in suitable safe conditions, on learner equipment (soft boards).</p> <p>They have a basic understanding of the dangers and key safety aspects of surfing.</p> <p>This colour iAM Band could be awarded in the first lesson if the pupil has the required skills to successfully stand up on their own wave.</p>	<p>ORANGE This SURFER can</p> <p>... regularly catch and stand up on their own waves (generally broken / white water waves) without assistance.</p> <p>They can turn their board in both directions.</p> <p>This surfer applies good surf safety awareness.</p> <p>This surfer understands the basics of surfing dynamics. They display good control of their board and can dismount safely.</p>	<p>GREEN This SURFER can</p> <p>...surf unsupervised in suitable conditions and is consistently 'out the back' beyond breaking waves.</p> <p>Traversing waves, they are kicking out or turning to the beach at the end of the ride.</p> <p>This surfer understands and applies basic surf and beach etiquette.</p> <p>They are starting to consider more advanced equipment to suit their needs.</p>	<p>BLUE This SURFER can</p> <p>...always ride on green waves. They can comfortably take off, bottom turn and top turn.</p> <p>This surfer is moving on to their own equipment, away from learner boards on to hard boards.</p> <p>They have a full understanding of surfing etiquette and apply this at all times.</p> <p>They are hunting for good waves.</p>	<p>BROWN This SURFER can</p> <p>...consistently apply the basics of good surfing:</p> <ul style="list-style-type: none"> - speed - flow - control <p>They are surfing in decent waves often referred to as '6ft' or just overhead.</p> <p>They have all the basic manoeuvres worked out and can perform them on demand.</p> <p>This surfer is ready to step up!</p>	<p>BLACK This SURFER can</p> <p>...legitimately be called a 'good' surfer.</p> <p>They are comfortable in most conditions, adding power and creativity to the basics of good surfing.</p> <p>Aerials, whilst not compulsory, could be in their repertoire.</p> <p>They behave in a responsible 'ocean and surf minded' manner showing good surf etiquette at all times.</p>	<p>RED This SURFER can</p> <p>...compete and win at a national level.</p> <p>By ramping up their speed and power this surfer stands out in any line up.</p> <p>A highly visible national profile would usually be expected.</p> <p>This iAM Band can also be awarded to renowned 'watermen/women' who charge big waves or surfers who are celebrated on a national level for their inspiring surfing skills.</p>	<p>GREY This SURFER can</p> <p>...compete and win at an international level.</p> <p>They have usually won several national titles.</p> <p>This surfer has a full repertoire of tricks. They can lay down some amazing manoeuvres and/or impress us with their huge wave prowess.</p> <p>They are a great ambassador of the sport on a global stage. An inspiration to their national surf scene.</p>	<p>PURPLE This SURFER can</p> <p>...be proud of their achievements.</p> <p>Presented more for services to the sport than pure technical ability these 'Icons' have influenced the very fabric of surfing.</p> <p>They are blazing 'Explorers' where their inner spark leads the rest have followed.</p> <p>Through perseverance and fun they achieve the incredible.</p>
<p>KEY SKILLS</p> <p>This surfer has successfully taken part in an introductory surfing session.</p> <p>They have been briefed on potential hazards they could face while surfing.</p> <p>This surfing journey has begun!</p>	<p>KEY SKILLS</p> <p>This surfer can catch their own broken/white water wave and stand on a board, in control, for 3 seconds or more, without assistance.</p> <p>Paddle, paddle, up and away!</p>	<p>KEY SKILLS</p> <p>This surfer can turn their board, on a broken / white water wave in BOTH directions (forehand and backhand) not necessarily on the same wave.</p> <p>In control, filled with potential!</p>	<p>KEY SKILLS</p> <p>This surfer can, without assistance, catch and traverse (trim) across small (under head height) unbroken (green) waves in BOTH directions (forehand and backhand) completing the wave in control.</p> <p>Stepping up to the next level!</p>	<p>KEY SKILLS</p> <p>This surfer can complete ANY 1 of the following manoeuvres during a full coaching session (up to 2 hours):</p> <p>Off the Top/Lip, Cutback, Floater, Re-entry. On a Longboard Cross Step to Hang 5.</p> <p>Advanced skills are on the menu now!</p>	<p>KEY SKILLS</p> <p>This surfer can successfully complete 1 of the following manoeuvres, as selected by the instructor, given ONLY 3 waves:</p> <p>Off the Top/Lip, Cutback, Floater, Re-entry. On a Longboard Cross Step to Hang 5.</p> <p>Perseverance is paying off!</p>	<p>KEY SKILLS</p> <p>This surfer can successfully complete 2 of the following manoeuvres, as selected by the instructor, on 1 wave, given ONLY 3 waves:</p> <p>Off the Top/Lip, Cutback, Floater, Re-entry. On a Longboard Cross Step to Hang 10.</p> <p>Control, power, grace - ripping!</p>	<p>KEY SKILLS</p> <p>This surfer has competed at a national level and placed in the top 16 in a national ranking OPEN (no age restriction) surfing event.</p> <p>A very good surfer indeed!</p>	<p>KEY SKILLS</p> <p>This surfer has competed and won at an international level.</p> <p>They are or have been a full time professional and are a household name in national surfing.</p> <p>The surfing Elite!</p>	<p>KEY SKILLS</p> <p>This surfer has proven to be an international icon, multiple world champion or pioneer.</p> <p>They have inspired a generation and changed the course of surfing.</p> <p>A genuine surfing hero!</p>

EQUIVALENCE

JSS LEVEL 1	JSS LEVEL 2	JSS LEVEL 3	JSS LEVEL 4	JSS LEVEL 5
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